

MPC/NSS-01/53/2026

**MAEER's Physiotherapy College
Talegaon Dabhade
ACTIVITY REPORT**

1.	Name of the activity	Swami Vivekanand Jayanti and Rajmata Jijau Jayanti
2.	Nature of the activity	Speech & Cultural programme
3.	Organizing department/s	NSS Unit MAEER MIT Pune's Physiotherapy College
4.	Name of the Head of department/ Event in-charge	Dr. Nitin Nikhade (Programme Officer)
5.	Date & Time	12 th January 2026 10:30am to 11:00 am
6.	Venue / Place	College Porch MIMER Medical College, Talegaon Dabhade
7.	E mail / Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	Attached
8.	Pamphlet (if any)	-
9.	Total number of participants/beneficiaries	24 NSS volunteers
10.	Attendance (if applicable)	Attached
11.	Faculty involved	Dr. Nitin Nikhade Dr. Varoon Jaiswal Dr. Shyamli Kulkarni Dr. Bhagyashree Salekar
12.	Coloured geo-tagged photos (2 to 4)	Attached
13.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	NSS Unit of MAEER MIT Pune's Physiotherapy College observed Swami Vivekanand Jayanti and Rajmata Jijau Jayanti on 12th January 2026 by conducting a cultural programme at 10.30 am on medical college porch. The programme began

	with inspiring speeches by students, highlighting Swami Vivekanand's vision of youth empowerment, strength, and character building. On Rajmata Jijau Jayanti, students spoke about her invaluable role in shaping Chhatrapati Shivaji Maharaj and instilling values of courage, wisdom, and leadership. This was followed by soulful poem recitations by 1st year physiotherapy student that beautifully conveyed her life journey and sacrifice. The celebrations motivated students to imbibe ideals of patriotism, discipline, and social responsibility in their lives. The celebration was conducted with great enthusiasm and pride and it was concluded with teachers paying floral tributes and expressing respect for their visionary work.
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Nikhade

DR. NITIN NIKHADE

NSS PROGRAMME OFFICER

PROFESSOR

MAEER'S PHYSIOTHERAPY COLLEGE

TALEGAON DABHADE

PUNE-410 507



Snehal Ghodey
18/16/11/2026

DR. SNEHAL GHODEY

PRINCIPAL

DR. SNEHAL GHODEY

M.Ph.T. (Musculoskeletal)

Principal

MAEER MIT PUNE'S PHYSIOTHERAPY COLLEGE

TALEGAON DABHADE



MPC/NSS-03/60/2026

**MAEER's Physiotherapy College
Talegaon Dabhade
ACTIVITY REPORT**

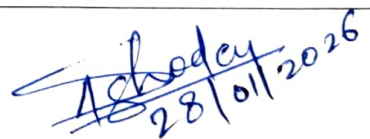
1.	Name of the activity	The Republic Day Celebration
2.	Nature of the activity	Flag Unfurling Ceremony
3.	Organizing department/s	NSS Unit MAEER's Physiotherapy College
4.	Name of the Head of department/ Event in-charge	Dr. Nitin Nikhade (Programme Officer)
5.	Date & Time	26 th January 2026 9:00am to 10:30 am
6.	Venue / Place	Amphitheatre, College Lawns MIMER Medical College, Talegaon Dabhade
7.	E mail / Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	Attached
8.	Pamphlet (if any)	-
9.	Total number of participants/beneficiaries	All UG, PG Students and staff
10.	Attendance (if applicable)	Attached
11.	Faculty involved	Dr. Nitin Nikhade Dr. Varoon Jaiswal Dr. Shyamli Kulkarni Dr. Bhagyashree Salekar
12.	Coloured geo-tagged photos (2 to 4)	Attached
13.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	The NSS Unit of MAEER's Physiotherapy College organized the celebration of the 77 th Republic Day on 26 th January 2026 with great enthusiasm and patriotism at the Amphitheatre, College Lawn, MIMER Medical College, Talegaon Dabhade. The celebration began with the introductory remark by the Principal of the MAEER's Nursing College, Dr.

Poorva Manjrekar madam. Flag unfurling was done by our meritorious MBBS student, Dr. Sudharam Borole who topped the academics, followed by a salute to the National Flag and the singing of the National Anthem. We were inspired by the enlightening speech delivered by Dr. Sudharam Borole and Executive Director, Dr. Suchitra Nagare Madam whose words reflected the values of service, unity, and commitment that define our healthcare fraternity. The event witnessed enthusiastic participation from Medical, Physiotherapy, Nursing and Junior College students along with faculty and non-teaching staff, standing together as one family to honour the Constitution. The celebration concluded by the unique tradition of MIT where felicitation of invaluable non-teaching staff, acknowledging their tireless service and essential role in the smooth functioning of our institution. Sweets were distributed to all participants and the event formally concluded at approximately 10:30 a.m.



DR.NITIN NIKHADE
NSS PROGRAMME OFFICER

PROFESSOR
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE,
PUNE-411 002



DR.SNEHAL GHODEY
PRINCIPAL

R. SNEHAL GHODEY
M.Sc.T. (Musculoskeletal)
Principal
MAEER MIT PUNE'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE



mpc / AE - 01 / 91 / 2026

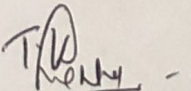
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**MAEER's Physiotherapy College
Talegaon Dabhade
ACTIVITY REPORT**

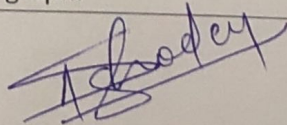
1.	Name of the activity	National Voters' Day Celebration
2.	Nature of the activity	Elocution competition for 1 st year BPT
3.	Organizing department/s	Annual events and NSS Unit MAEER's Physiotherapy College
4.	Event in-charge	Dr. Tanpreet Kaur Mehta (Nodal Officer)
5.	Date & Time	27 th January 2026 2:00pm to 4:00 pm
6.	Venue / Place	1 st BPT classroom, MAEER's Physiotherapy College, Talegaon Dabhade
7.	E mail / Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	Students were notified a month prior the topic, rules and nature of the programme
8.	Total number of participants/beneficiaries	42 1 st BPT students
9.	Attendance (if applicable)	Attached
10.	Faculty involved	Dr. Snehal Ghodey (Principal) Dr. Tanpreet Kaur Mehta (Nodal officer) Dr. Nitin Nikhade (judge) Dr. Anuradha Sutar (judge)
11.	Coloured geo-tagged photos (2 to 4)	Attached
12.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	MAEER's Physiotherapy College celebrated National Voters' Day under Annual events committee and NSS on 27th January 2026 by organising Elocution Competition for 1st Year Physiotherapy students. It was based on the theme "Why Voting Matters for Health, Education & Employment" to encourage young minds to voice their thoughts on



democracy and development. The initiative for this programme was taken by Dr. Tanpreet Kaur Mehta (Nodal Officer) who organised the event and explained the importance of voting by young voters and why 25th January is marked as National Voters Day. Introduction of Judges, re-information of rules for elocutions to the participants and Judges was done by Dr. Tanpreet kaur Mehta. 9 students participated with enthusiasm and delivered the speech emphasizing on active participation, awareness, and ethical voting as the foundations of a strong and progressive India. They expressed the importance of being responsible, informed, and active voters, contributing to a future built on equality, justice, and unity. Esteemed judges for the competition were Dr. Nitin Nikhade and Dr. Anuradha Sutar who contributed their valuable time, feedback and inspiring remarks for all participants. At the end of program Principal, Dr. Snehal Ghodey madam gave inspiring address note to emphasize importance of voting; to appreciate all the participants and then madam gave away the certificates to winners. Miss Sharvari Nimbalkar, Mr. Harshal Gandhi and Miss. Pratiksha Kamble received 1st, 2nd and 3rd prize respectively. The programme was concluded with the vote of thanks by Dr. Tanpreet and a group photograph.


DR. TANPREET KAUR
 NODAL OFFICER
 Associate Professor
 MAEER MIT Pune's
 Physiotherapy College
 Talegaon Dabhade




DR. SNEHAL GHODEY
 PRINCIPAL
DR. SNEHAL GHODEY
 M.Ph.T. (Musculoskeletal)
 Principal
 MAEER MIT PUNE'S PHYSIOTHERAPY COLLEGE
 TALEGAON DABHADE



ACTIVITY / CAMP TEMPLATE FOR WEBSITE

MAEER's Physiotherapy College

Talegaon Dabhade

ACTIVITY REPORT

REF NO: MPC/NSS-04/95/2026

1.	Name of the activity	Cancer Awareness Day
2.	Nature of the activity	A health talk on awareness regarding breast cancer and demonstration of self examination for the breast.
3.	Organizing department/s	NSS Unit
4.	Name of the Head of department/ Event in-charge	Dr. Nitin Nikhade (Programme officer)
5.	Date & Time	4 th February 2026 10:00 am to 1:00pm
6.	Venue / Place	Primary Health Centre, Talegaon Dabhade
7.	E mail / Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	NA
8.	Pamphlet (if any)	
9.	Total number of participants/beneficiaries	50
10.	Attendance (if applicable)	List is attached
11.	Faculty involved	Dr. Shyamli Kulkarni
12.	Coloured geo-tagged photos (2 to 4)	Attached
13.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	The NSS Unit of MAEER's Physiotherapy College, Talegaon Dabhade, organized a Cancer Awareness Day programme at the Primary Health Centre (PHC), Talegaon Dabhade, as part of its community outreach activities. The programme aimed to create awareness about cancer, its early signs and symptoms, and the importance of early detection and timely medical intervention among the general population.

The activity was conducted under the guidance of Dr. Manoj Chaudhari, Medical Officer, PHC, Talegaon Dabhade. The programme began with an introductory address by Dr. Anuradha Sutar, Professor, who explained the significance of observing Cancer Awareness Day.

This was followed by an awareness session delivered by Dr. Shruti Brahme, Postgraduate Student, who provided a brief overview of various types of cancer, thereby enhancing knowledge and understanding among the attendees. Further, Dr. Falguni Naydu conducted a practical and informative session on breast self-examination, during which she explained and demonstrated correct self-examination techniques and breast palpation methods. The session was interactive and concluded with a question-and-answer segment, during which patients actively participated and clarified their doubts.

NSS volunteers Atharwa Walekar and Astha Pandey actively participated in the programme by assisting in coordination, patient guidance, and smooth conduct of the awareness sessions, thereby contributing to the successful execution of the activity.

The programme concluded with a vote of thanks by Dr. Shyamli Kulkarni, Assistant Professor, who appreciated the efforts of the NSS unit, faculty members, and volunteers, and emphasized the role of such NSS initiatives in promoting preventive healthcare and community well-being.



DR. NITIN NIKHADE
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DR. SNEHAL GHODEY
PRINCIPAL



MAEER's Physiotherapy College
Talegaon Dabhade
ACTIVITY REPORT

REF NO: MPC/NSS-05/117/2026

1.	Name of the activity	Safer Internet Day
2.	Nature of the activity	Cyber Crime Sensitization Workshop
3.	Organizing department/s	MUHS, Activity coordinated at college level by NSS Unit
4.	Name of the Head of department/ Event in-charge	Dr. Nitin Nikhade (Programme officer)
5.	Date & Time	10 th February 2026 11.30am
6.	Venue / Place	Virtual Final year Classrom, MAEER's Physiotherapy College
7.	E mail / Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	Attached
8.	Pamphlet (if any)	-
9.	Total number of participants/beneficiaries	Final year students & NSS Volunteers
10.	Attendance (if applicable)	-
11.	Faculty involved	Dr. Nitin Nikhade Dr. Shyamli Kulkarni
12.	Coloured geo-tagged photos (2 to 4)	Attached
13.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	As per the circular issued by Maharashtra University of Health Sciences (MUHS), On occasion of Safer Internet Day, Cyber crime Sensitisation Workshop was conducted by the university in virtual mode. The programme was displayed and attended at MAEER's Physiotherapy College, Talegaon

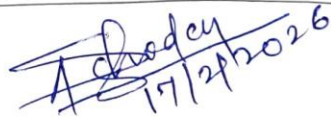
	Dabhade, with all necessary arrangements made in the Final Year classroom by NSS Unit where Final students & NSS Volunteers joined the session through a Zoom meeting. The session was guided by Mrs. Mansi Hire, Clinical Psychologist, who provided valuable insights on internet safety, responsible digital behavior, and awareness regarding cyber-related issues. She also shared relevant helpline numbers and informed participants about avenues for further consultation, encouraging them to seek professional help whenever required. The programme was informative and beneficial, enhancing awareness among students regarding safe and ethical use of the internet.
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DR. NITIN NIKHADE

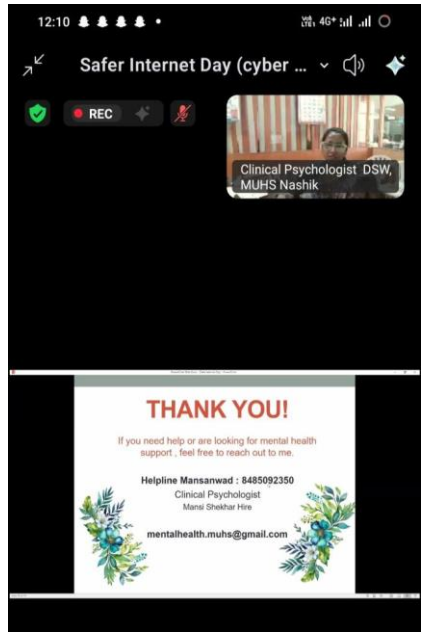
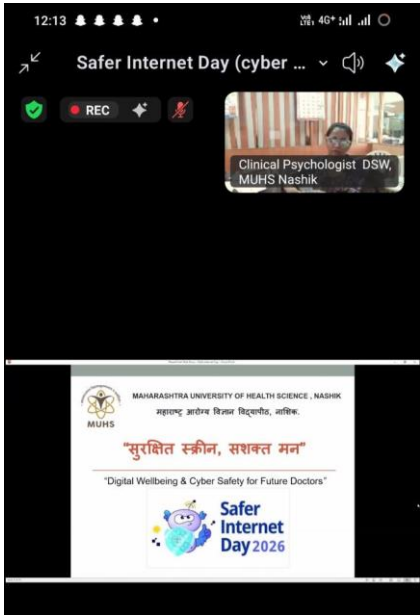
HOD
PROFESSOR
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE
PUNE-410 507




17/2/2026

DR. SNEHAL GHODEY

PRINCIPAL
DR. SNEHAL GHODEY
M.Ph.T. (Musculoskeletal)
Principal
MAEER MIT PUNE'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE



MAEER MIT Pune's Physiotherapy College

Talegaon Dabhade

ACTIVITY REPORT

MPC/Student Council - 05/132/2026

1.	Name of the activity	Chhatrapati Shivaji Maharaj Jayanti celebration
2.	Nature of the activity	Cultural Program
3.	Organizing department/s	College Annual Events Committee, Students Council & NSS Unit
4.	Name of the Head of department/ Event in-charge	Dr. Sayli Paldhikar Dr. Nitin Nikhade
5.	Date & Time	19/02/2026 03:00 am onwards
6.	Venue / Place	Amphitheatre, College Lawns
7.	E mail / Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	Attached
8.	Pamphlet (if any)	NA
9.	Total number of participants/beneficiaries	All students of BPTH and teachers
10.	Attendance (if applicable)	Attached
11.	Faculty involved	Dr Sayli Paldhikar Dr. Nitin Nikhade Dr. Bhagyashree Salekar Dr. Shyamli Kulkarni Dr. Anuja Khadilkar
12.	Coloured geo-tagged photos (2 to 4)	Attached
13.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	The Students' Council of MAEER's MIT Pune Physiotherapy College, in association with MIMER Medical College and the NSS Unit, organized a grand celebration of Chhatrapati Shivaji Maharaj Jayanti on February 19, 2026, to commemorate the birth anniversary of Chhatrapati Shivaji Maharaj, the founder of the Maratha Empire and a symbol of courage, leadership, and good governance. The celebration began at 10:00 a.m. with a floral tribute offered to the idol of Shivaji Maharaj and the

Shivaji Maharaj and the ceremonial Shivjyot, paying homage to his legacy and ideals.

The main cultural program was conducted from 3:00 p.m. to 5:00 p.m. at the Amphitheatre on the college lawns, where students showcased their talents through a variety of performances. The event featured an inspiring Shiv-Vyakhyan (speech on Shivaji Maharaj's life and values), songs, a powerful one-act play, an engaging skit, and energetic dance performances, all highlighting the bravery, vision, and administrative excellence of Shivaji Maharaj.

The performances beautifully portrayed his ideals of Swarajya, justice, secularism, and welfare of the people, aiming to in-still leadership qualities and a sense of pride among the students. Dr. Sandhya Kulkarni, Vice Principal, addressed the gathering and shared her valuable feedback on the occasion. She beautifully summarized important qualities that students should learn from Chhatrapati Shivaji Maharaj and incorporate into their personal and professional lives. The celebration concluded with a resounding Shivgarjana, filling the atmosphere with enthusiasm and patriotic spirit

14.	Report made by	Dr. Shyamli Kulkarni (Assistant Professor)
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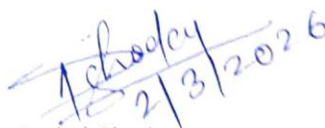

Dr. Sayli Paldhikar
In-charge,
Annual events Committee

PROFESSOR
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE
T. PUNE-410 507

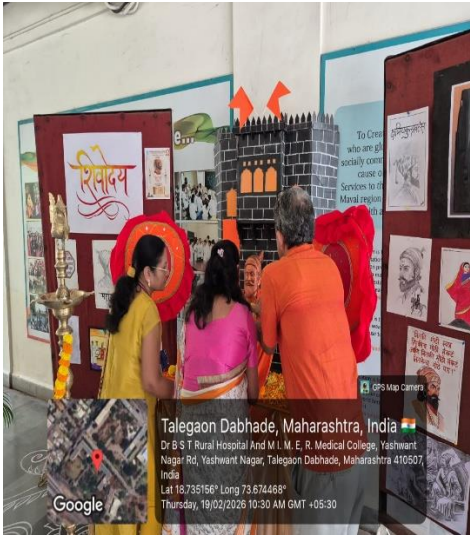



Dr. Nitin Nikhade
NSS Programme Officer

PROFESSOR
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE
T. PUNE-410 507


Dr. Snehal Ghodey
Principal

DR. SNEHAL GHODEY
M.Ph.T. (Musculoskeletal)
Principal
MAEER MIT PUNE'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE





1.	Name of the activity	Marathi Bhasha Gaurav Diwas celebration
2.	Nature of the activity	Cultural activity
3.	Organizing department/s	College Annual Events Committee, Students Council in collaboration with NSS unit
4.	Name of the Head of department/ Event in-charge	Dr. Sayli Paldhikar Dr. Nitin Nikhade
5.	Date & Time	27/02/2026 10:30 am onwards
6.	Venue / Place	MIMER Medical College, Porch
7.	E mail / Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	Attached
8.	Pamphlet (if any)	NA
9.	Total number of participants/beneficiaries	All students of BPTH and teachers
10.	Attendance (if applicable)	NA
11.	Faculty involved	Dr Sayli Paldhikar Dr. Bhagyashree Salekar Dr. Anuja Khadilkar
12.	Coloured geo-tagged photos (2 to 4)	Attached
13.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	The Students' Council and NSS unit of MAEER MIT Pune's Physiotherapy College, in association with MIMER Medical College & the Nursing College, celebrated Marathi Bhasha Gaurav Diwas on 27th February 2026 with great enthusiasm and active participation from students & faculty. The program was organized to highlight the richness and cultural significance of the Marathi language. Students presented skits, speeches, and songs that emphasized the beauty of Marathi and the

importance of preserving it. The skit effectively portrayed the declining use of Marathi in everyday communication and encouraged the younger generation to take pride in using their mother tongue.

Through their performances, students conveyed that language is an important part of cultural identity and should be preserved despite the growing influence of other languages.

The program successfully created awareness about the importance of safeguarding and promoting the Marathi language and encouraged everyone to actively use and respect their mother tongue.

Report prepared by: Dr. Anuja Khadilkar



Dr. Nitin Nikhade
NSS Co-ordinator



Dr. Sayli Paldhikar
In-charge, Annual events Committee


5/3/2026

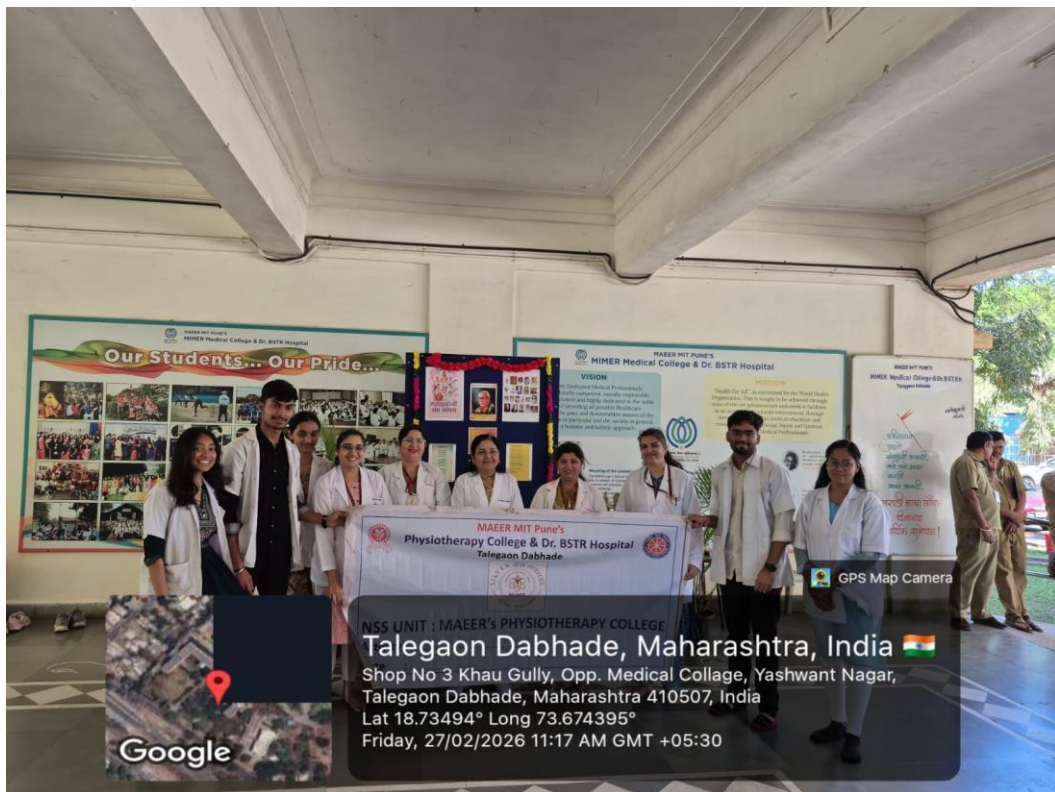
Dr. Snehal Ghodey
Principal

PROFESSOR
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE
T. PHONE-410 507

PROFESSOR
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE
T. PHONE-410 507

DR. SNEHAL GHODEY
M.Ph.T. (Musculoskeletal)
Principal
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE





MAEER MIT Pune's Physiotherapy College

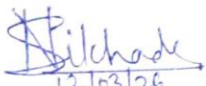
Talegaon Dabhade

ACTIVITY REPORT

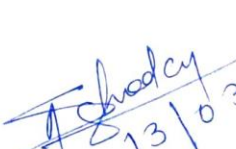
MPC/NSS-06/179/2026

1.	Name of the activity	World Obesity Day
2.	Nature of the activity	Physical Fitness Screening Camp
3.	Organizing department/s	NSS Unit
4.	Name of the Head of department/ Event in-charge	Dr. Nitin Nikhade
5.	Date & Time	04/03/2026 9:30 am onwards
6.	Venue / Place	Urban Health Centre, Ganpati Chowk, Talegaon Dabhade
7.	E mail / Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	NA
8.	Pamphlet (if any)	NA
9.	Total number of participants/beneficiaries	50 beneficiaries
10.	Attendance (if applicable)	Attached
11.	Faculty involved	Dr.Nitin Nikhade Dr. Anuradha Sutar Dr.Shyamli Kulkarni
12.	Coloured geo-tagged photos (2 to 4)	Attached
13.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	The NSS Unit of MAEER's MIT Pune Physiotherapy College, in association with MIMER Medical College, organized a Physical Fitness Screening Camp on the occasion of World Obesity Day on March 04, 2026. The camp aimed to promote awareness about obesity, encourage healthy lifestyle practices, and provide comprehensive physical fitness assessments to the participants. Four stations were organized for the smooth conduct of the camp: Registration, Anthropometric Measurements, Body Fat Percentage Assessment, and Counselling &

		Health Education. Participants were guided through each station where relevant health parameters were recorded and evaluated. A total of 50 participants attended the camp. Based on the assessment, 5 participants were underweight, 28 were within the normal range, 13 were overweight, and 5 were categorized as obese. Each participant received individualized counselling regarding their health status, along with guidance on lifestyle modifications, physical activity, and dietary habits to improve their overall well-being. The camp successfully raised awareness about obesity and highlighted the importance of regular physical fitness assessment and healthy lifestyle practices among the community.
14.	Report made by	Dr. Shyamli Kulkarni (Assistant Professor)


 12/03/26
 Dr. Nitin Nikhade
 NSS Programme Officer
 Professor
 MAEP MIT Pune's
 Physiotherapy College
 Talegaon Dabhade




 13/03/2026
 Dr. Snehal Ghodey
 Principal
 DR. SNEHAL GHODEY
 M.Ph.T. (Musculoskeletal)
 Principal
 MAEP MIT PUNE'S PHYSIOTHERAPY COLLEGE
 TALEGAON

World Obesity Day



MAEER MIT Pune's Physiotherapy College
Talegaon Dabhade
ACTIVITY REPORT

MPC/NSS - 07/180/2026

1.	Name of the activity	International Women's Day
2.	Nature of the activity	Health talk on Importance of Women's health, Importance of breastfeeding. Breastfeeding positions and expression and storage of milk.
3.	Organizing department/s	NSS Unit
4.	Name of the Head of department/ Event in-charge	Dr. Nitin Nikhade
5.	Date & Time	11 th March 2026, 11:00 am to 1:00 pm
6.	Venue / Place	RHTC, Sudumbare, Talegaon Dabhade
7.	E mail / Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	NA
8.	Pamphlet (if any)	NA
9.	Total number of participants/beneficiaries	26
10.	Attendance (if applicable)	Attached
11.	Faculty involved	Dr. Anuradha Sutar Dr. Shyamli Kulkarni
12.	Coloured geo-tagged photos (2 to 4)	Attached
13.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	The NSS Unit of MAEER's MIT Pune Physiotherapy College, in collaboration with the Department of Community Medicine, organized a health talk on March 11, 2026, on the occasion of International Women's Day. The session was conducted by Dr. Anuradha Sutar (PT) and PG student Dr. Shruti Soni (MPT-II). The talk highlighted the importance of exercise for women, postnatal

		changes and breastfeeding positions to prevent musculoskeletal strain, breast milk storage techniques, and ergonomic advice for baby care. Dr. Madhura Ashturkar also delivered valuable insights on the importance of proper nutrition for women's health and overall well-being. A demonstration of proper breastfeeding positions and ergonomic advice was given, including correct sitting postures and the use of pillow support to prevent back, neck, and wrist pain. Participants were further guided through basic exercises to promote health and fitness. The session aimed to raise awareness about women's health, postnatal care, and the importance of physiotherapy in maintaining overall well-being.
14.	Report made by	Dr. Shyamli Kulkarni (Assistant Professor)

Nikhade
12/03/26

Dr. Nitin Nikhade
NSS Programme Officer
Professor

MAEER MIT PUNE'S
Physiotherapy College
Talegaon Dabhade



Ghodey
13/3/2026

Dr. Snehal Ghodey
Principal

DR. SNEHAL GHODEY

M.Ph.T. (Musculoskeletal)
Principal

MAEER MIT PUNE'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE

International women's day



MAEER MIT Pune's Physiotherapy College
Talegaon Dabhade
ACTIVITY REPORT

1.	Name of the activity	Shaheed Din
2.	Nature of the activity	Solemn remembrance
3.	Organizing department/s	College Annual Events Committee, Students Council in collaboration with NSS unit
4.	Name of the Head of department/ Event in-charge	Dr. Sayli Paldhikar Dr. Nitin Nikhade
5.	Date & Time	23/03/2026 10:00 am onwards
6.	Venue / Place	MIMER Medical College, Porch
7.	E mail / Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	Attached
8.	Pamphlet (if any)	NA
9.	Total number of participants/beneficiaries	All students of BPTH and teachers
10.	Attendance (if applicable)	NA
11.	Faculty involved	Dr Sayli Paldhikar Dr. Bhagyashree Salekar Dr. Anuja Khadilkar
12.	Coloured geo-tagged photos (2 to 4)	Attached
13.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	The Students' Council and NSS unit of MAEER MIT Pune's Physiotherapy College, in association with MIMER Medical College and the Nursing College, commemorated Shaheed Din on 23rd March 2026 with active participation from students and faculty. The program was organized to pay tribute to the martyrs and to honor their supreme sacrifice in India's freedom struggle. Students presented a skit, a poem, and a speech, which together conveyed the message of courage, patriotism, and respect for

		all freedom fighters. The program also reminded everyone of the importance of remembering the sacrifices made by our freedom fighters and inspired the younger generation to uphold their values.
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Report prepared by: Dr. Anuja Khadilkar




Dr. Nitin Nikhade
NSS Co-ordinator



Dr. Sayli Paldhikar
In-charge, Annual events Committee



Dr. Snehal Ghodey
Principal

DR. SNEHAL GHODEY

M.Ph.T. (Musculoskeletal)

Principal

MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE

PROFESSOR

MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE
T. PHONE-410 507

PROFESSOR

MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE
T. PHONE-410 507





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MAEER's Physiotherapy College
Talegaon Dabhade
ACTIVITY REPORT

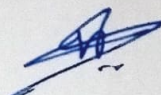
1.	Name of the activity	World Health Day
2.	Nature of the activity	Fitness Screening Camp
3.	Organizing department/s	NSS Unit MAEER MIT Pune's Physiotherapy College
4.	Name of the Head of department/ Event in-charge	Dr. Nitin Nikhade (Programme Officer)
5.	Date & Time	7 th April 2026 9:30am to 1:00 pm
6.	Venue / Place	Urban Health Centre, Talegaon Dabhade
7.	E mail / Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	-
8.	Pamphlet (if any)	-
9.	Total number of participants/beneficiaries	30 beneficiaries
10.	Attendance (if applicable)	Attached
11.	Faculty involved	Dr. Nitin Nikhade Dr. Shyamli Kulkarni Dr. Bhagyashree Salekar
12.	Coloured geo-tagged photos (2 to 4)	Attached
13.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	NSS Unit of MAEER MIT Pune's Physiotherapy College, Talegaon Dabhade in collaboration with MIMER Medical College observed World Health Day on 7 th April 2026 by conducting a Fitness Screening Camp at the Urban Health Centre, Talegaon Dabhade. The initiative aimed to promote awareness about preventive healthcare for diabetes and

hypertension and the importance of physical fitness among the community.

MIMER Medical College conducted health screening of all participants, which included the assessment of blood sugar levels, hemoglobin (Hb), and blood pressure (BP). These parameters helped in identifying individuals at risk and provided an opportunity for early intervention and guidance.

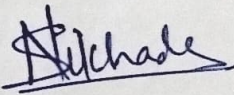
In addition to this, four dedicated fitness assessment stations were established by Physiotherapy College to evaluate different components of physical fitness. These included flexibility, endurance, Manual Muscle Testing (MMT), and the 2-minute step test for cardiovascular endurance.

A total of 50 individuals were enrolled in the camp. Out of these, 30 participants were referred to the Physiotherapy fitness stations for further evaluation. The impact of the camp extended beyond the day of the event, as 4 participants have been regularly attending the Community Physiotherapy OPD for continued care and follow-up. This reflects the effectiveness of the camp in encouraging individuals to seek ongoing treatment and adopt healthier lifestyles.


DR. BHAGYASHREE SALEKAR
PREPARED BY

Assistant Professor
MAEER MIT Pune's
Physiotherapy College
& BSTRH Tal




DR. NITIN NIKHADE
NSS PROGRAMME OFFICER

Professor
MAEER MIT Pune's
Physiotherapy College
Talegaon Dabhade


DR. SNEHAL GHODEY
PRINCIPAL

DR. SNEHAL GHODEY
M.Ph.T. (Musculoskeletal)
Principal
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE



**MAEER's Physiotherapy College
Talegaon Dabhade
ACTIVITY REPORT**

Ref No - MPC/NCS-09/363/2026

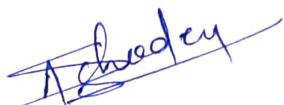
1.	Name of the activity	International yoga day 2026
2.	Nature of the activity	Yoga Session
3.	Organizing department/s	NSS
4.	Name of the Head of department/ Event in-charge	Dr. Nitin Nikhade- NSS Programme Officer
5.	Date & Time	21/06/2025 10:30 am to 12:30am
6.	Venue / Place	UHC, Talegaon Dabhade
7.	E mail / Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	Not attached
8.	Pamphlet (if any)	Not attached
9.	Total number of participants/beneficiaries	18
10.	Attendance (if applicable)	Attached
11.	Faculty involved	Dr. Nitin Nikhade Dr. Shyamli Kulkarni Dr. Bhagyashree Salekar
12.	Coloured geo-tagged photos (2 to 4)	Attached
13.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	MAEER's MIT Pune Physiotherapy College, in association with the Department of Community Medicine, MIMER Medical College, celebrated International Yoga Day on 21st June 2026 based on the theme "Yoga for

		Healthy Ageing." A yoga session was conducted at 10:30 a.m. at the UHC by Ms. Mitakshi (PG-I) and Ms. Rutuja Umale (Intern). Patients actively participated in various yogasanas, including Tadasana, Bhujangasana, Vrikshasana, and Pranayama. The programme emphasized the importance of yoga in promoting physical fitness, mental well-being, and healthy ageing. The event concluded with participants being encouraged to incorporate yoga into their daily routine for holistic health and wellness.
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Report prepared by: Dr. Shyamli Kulkarni


 Dr. Nitin Nikhade
 NSS Programme Officer
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE
 PUNE - 410 507




DR. SNEHAL GHODEY
 (M.Ph. Physiotherapy (Musculoskeletal))
 Principal
MAEER MIT PUNE'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE





